

PHARMACY COUNCIL
TANZANIA

news



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January - March 2019



Pharmacy Council Secretariat group photo

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"Promoting Good Pharmacy Practice and Rational Use of Medicines to Save Lives"

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THE CHAIRMAN'S MESSAGE



Dear Readers,

It gives me great pleasure to welcome you to the first edition of the Pharmacy Council Newsletter that is launched in March 2019.

I anticipate, this newsletter shall be useful to readers and will enhance communication between the Council and its stakeholders. At a start the use of electronic media will be used for its dissemination to provide for wider access.

It is important that we have a good balance of different articles within the Newsletter to make all professionals from different organizations and institutions to participate. Such articles if are widely read, can have major impact on pharmacy practice apart from gathering information of various decisions made by the Council.

Lastly, I should thank all our authors and contributors, who have worked tirelessly to ensure this Newsletter is available to the readers. I look forward to receiving news and information from the stakeholders within the profession and sectors at large.

I wish you all the best in your reading.

Ramadhani Legu Mhangwa,
Chairman
Pharmacy Council

WELCOME NOTE FROM THE REGISTRAR



Welcome to the first edition of the Pharmacy Council Newsletter that will be published quarterly. This newsletter among other things will incorporate information within and outside the Council.

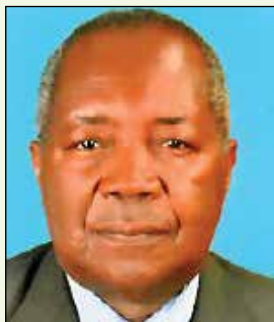
Our first edition has provided limited information but in future we invite all professionals and stakeholders to utilize this platform to share what has prevailed in our practices. Inside you will find news, reports and announcements with Council related topics. The Newsletter will also provide Frequent Asked Questions (FAQ) and specific questions from individuals are also welcomed. We would want this Newsletter to be educative, informative and entertaining as much as possible.

I take this opportunity to thank all who have contributed to make this Newsletter possible. Editorial Board has decided in future to have both English and Kiswahili version to cover a wide range of readers. Please feel free to provide feedback and send pertinent information with photos for inclusion in our forthcoming issues.

I hope you enjoy this first issue and do let us know if there are any topics you would like to see covered in the future.

Elizabeth Shekalaghe,
Registrar/Chief Editor
Pharmacy Council

MEMBERS OF THE COUNCIL (2018 - 2021)



Chairman: Legu Mhangwa



Registrar/Secretary
Elizabeth Shekalaghe



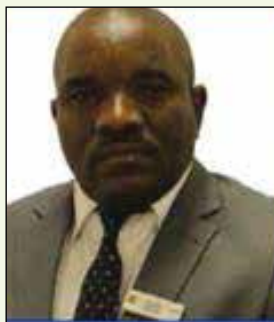
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Unauthorized Drug outlet closed in Tabora

An unauthorized drug outlet Erasto Medics owned by one Erasto Masunga in Kaliua District, Tabora Region has been ordered to close following an audit inspection conducted by Pharmacy Council Inspectors from 28th to 30th January, 2019.

The drug outlet was found with 300 strips of Artemether Lumefantrine tablets (Artefan) property of the Government of Tanzania. The drug outlet was

Unauthorized Drug outlet found stocking Artefan, Property of the Government

closed immediately and the culprit has been taken to court for further action.

The law prohibits private drug outlets from stocking government medicines as that

is tantamount to theft of public property.

The audit inspection was done to ensure that drug outlets comply with the set Rules and Regulations in operating pharmacy business.

Section 34 (1) and 36 (1) of The Pharmacy Act, Cap 311 restrict any person to sell, dispense or supply medicinal products except in registered and permitted premises.

ADDO outlets in Kaliua District found with unauthorized prescription medicines

Seventy percent of inspected ADDO outlets in Kaliua District were found with unauthorized prescription medicines during an audit inspection conducted by Pharmacy Council Inspectors between 28th and 30th January, 2019. Regulation 35 (1) of the ADDO Regulations, 2004 directs the Accredited Drug Dispensing Outlets to adhere to the approved prescription medicines list in order to enhance access

to safe, good quality and efficacious medicines. As directed by the Regulation, the medicines were confiscated by the inspectors.

The Drug outlet owners were served with stern warnings by the Council, should they be found with similar offences in the future, they will be ordered to close and be taken to the court.

Online CPD Sessions Underway

The Pharmacy Council is working on provision of online CPD training. According to the Head of Education and Training Department Ms. Grace Mallange, the Pharmacy Council is developing a system for the provision of online CPD training and she further elaborated that the system will be available before end of the year.

"This will enable Pharmacists to meet the requirements of maintain their names in the register without having to travel away from their stations of work." She said.



Three pharmacy training institutions provisionally approved

Three Pharmacy Training Institutions (PTI's) have been given pro-visual approval following compliance with the requirements of the prescribed standards. The provisional approvals were granted during the 43rd Council meeting held on 10th January, 2019 in Dar es Salaam. The PTI's are Mgao Health Training Institute of Njombe provisionally

approved to offer Ordinary Diploma in Pharmaceutical Science (NTA Level 6), Apple Valley Institute of Health and Technology of Dar es Salaam provisionally approved to offer Basic Technician Certificate in Pharmaceutical Science (NTA Level 4) and Blue Pharma College of Health of Singida

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NEWS IN PICTURES



Prime Minister Hon. Kassim Majaliwa Kassim (MP) is briefed by Suma Jairo, Head of the Registration Department of the Pharmacy Council during the 34th Meeting of the Association of Local Authorities of Tanzania (ALAT) held in Dodoma.



Minister of Health Community Development, Gender, Elderly and Children Hon. Umyy Mwalimu (MP) handing over a distinguished service award to outgoing Board Member (2015 -2018) Prof. Godeliver Kagashe during inauguration of newly appointed Council held in December 2018.

Deputy Minister of Health Hon. Dr. Faustine Ndungulile receiving information from Samwel Zakayo, Officer from Education and Training Department of the Pharmacy Council during his visit in February 2019.





Council Board Members in a group photo with Secretariat during the 44th Board Meeting held in Dar es Salaam in 19 March, 2019.



Newly registered pharmacists taking oath to serve the public with high quality, ethical and professional pharmaceutical services in January, 2019.



BRELA representative addresses issues concerning Business and Registration Licensing Agency (BRELA) to the newly Registered Pharmacists during the 6th Admission and Registration Ceremony early this year.

The Registrar, Elizabeth Shekalaghe (holding banner) with Pharmacy Council Women at the peak of the World's Women Day celebration at Pharmacy Council Sub Offices in Dar es Salaam.



CONTINUING PROFESSIONAL DEVELOPMENT TRAINING GAINS MOMENTUM



The Pharmacy Council organized the 5th Continuous Professional Development (CPD) training at the Golden Jubilee Towers in Dar es Salaam on 6th February, 2019. Three hundred and thirty five pharmaceutical personnel from across the country attended the session, facilitated by Dr. Kaushik Ramaiya, consultant physician and Chief Executive Officer of Hindu Mandal Hospital.

The Pharmacy (Registration, Enrollment and Enlistment of persons) Regulations, 2005, GN NO. 332 requires every registered personnel to undergo CPD training every year in order to continue practicing as a professional

This training follows previously conducted sessions on 22nd – 24th May, 2018 in Dar es Salaam, Mwanza and Arusha and another was conducted in August, 2018 at NHIF conference center, in Mbeya region.

◀ Cont. from Pg 3

provisionally approved to offer up to Technician Certificate in Pharmaceutical Science (NTA Level 4 -5).

The Registrar said, all approved Institutions should continue to adhere to the set rules and regulations as per their registration and conditions of the permits provided. Also she emphasized that the Council will be there to continue ensuring that training in pharmacy at any institution guarantee necessary knowledge and skills needed for the efficient pharmacy practice.

NEW REGULATIONS

Regulations to outline the requirements for establishment and operation of Accredited Drug Dispensing Outlets "The Pharmacy (Accredited Drugs Dispensing Outlets) (Standards and Ethics for Dispensation of Medicines) Regulations, GN. No.185 of 2019" and "The Pharmacy (Inspection) Regulations GN. No. 140 of 2019" to regulates inspection activities has come into effect in March 2019. The regulations can be found on the Pharmacy Council Website;

www.pc.go.tz/regulations

TWO MORE GRANTED PROVISIONAL APPROVAL TO CONDUCT PHARMACY TRAINING (NTA Level L 4-6)

The Council during its 44th Meeting held on 18th – 19th March 2019 has granted provisional approval to two pharmacy training institutions which met the set standards for establishment of pharmacy training institutions. The approved training institutions are Mbeya College of Health Sciences, Mbeya and Northern

College of Health and Allied Sciences, Kilimanjaro which were approved to conduct certificate in pharmaceutical sciences (NTA Level 4 – 5).

The decision was made upon receipt of applications from eleven training institutions which intend to offer training in pharmaceutical sciences

among which only two met the requirements to establish pharmacy training institution.

The Council insisted that, training institutions which intend to offer training in pharmaceutical sciences must meet the set standards and those which already offer training in pharmaceutical sciences must continue to adhere to the set standards so that imparted competences ensure proper delivery of pharmaceutical services.

PRE – REGISTRATION AND PROFESSIONAL EXAMINATIONS RESULTS

Nineteen pharmacy graduates sat for pre-registration and professional examinations which were held on 07th–08th February 2019 at the Pharmacy Council sub-office, Dar es Salaam. These examinations are conducted to the graduates prior to registration to see whether they have the competences required to practice as a pharmaceutical personnel.

Candidates who sat for pre-registration examinations were twelve intern pharmacists among whom eleven passed with pass mark of 60% and above and one could not meet the pass mark.

Also seven pharmaceutical technicians sat for professional

examinations and five passed with the pass mark of 60% and above and two could not meet the pass mark.

The Council during its 44th Meeting held on 18th -19th March 2019 directed candidates who passed the examinations to apply for registration as pharmacists and enrolment as pharmaceutical technicians. And for the candidates who could not meet the pass mark, will be required to resit for the examinations when next scheduled.

The Council insisted Secretariat to adhere to the approved examination guidelines which were approved during 43rd Council meeting held in January 2018 for all forth-coming examinations.



FREQUENTLY ASKED QUESTIONS

1. When is the next pre-registration examination?

Answer: The Examinations are offered three times a year (February, June and October). However, the Council will announce dates and venue for examinations two months (60 days) prior the examinations.

2. When will the examination results be out and how can we obtain them?

Answer: Candidates will receive examination results via Council website, local newspapers or letters from the Council within 21 days after the completion of the examinations

3. What are the requirements to sit or re-sit for pre-registration or professional examination?

Answer: For Pre-registration examination; one must be a graduate of Bachelor in Pharmacy from a recognized institution; must complete at least 9 months of internship training and must apply to the Council at least one (1) month prior to examinations through PCF. 3 available at www.pc.go.tz

For Professional Examinations; one must be a graduate of certificate or diploma in pharmaceutical sciences from a recognized pharmacy training institution and must apply to the Council through PCF. 3 available at www.pc.go.tz.

4. What are the procedures for internship application for pharmacy graduates studied abroad?

Answer: Pharmacy graduates from abroad must apply to Tanzania Commission for Universities (TCU) for evaluation of their award before applying to the Pharmacy Council for Provisional Registration and allocation of internship center through PCF. 2 available at www.pc.go.tz, pay the prescribed fee and attach all the required documents. You will be notified the results of your application within 21 days.

For Graduates who studied in Tanzania; As soon as the University Senate approves the results and you have passed the final examinations, you will be required to apply through PCF.2, pay pre-scribed fee and attach all required documents. The Council will the results of your application within 21 days.

Note: Incomplete applications will not be considered.

5. How can I change an internship center?

Answer: If you wish to change an internship training center, you will be required to write to the Registrar to request for change of internship center and state the reason(s) for change.

6. How do I know if the Pharmacy Training Institution I plan to attend is recognized?

Answer: If you intend to study pharmacy course within or outside Tanzania, you are advised to visit Tanzania Commission for University (TCU) (for degree or masters) or National Council for Technical Educa-tion (NACTE) (for certificate or diploma) to see whether the institution is recognized. However, you must visit the Council to obtain the set standards for the course you intend to pursue so that you avoid disappointments during the time of registration after you have completed the course. You may also visit www.pc.go.tz for more information.

7. How can I submit my examinations or internship applications?

Answer: You can submit your applications by Courier through Registrar, Pharmacy Council, Mandela Road EPI, Mabibo External, P.O Box 31818, Dar es Salaam or through Email Address; registrar@pc.go.tz or education@pc.go.tz



ORBITUARY

Rachel Phillip Lema a registered pharmacist with Reg. No. 00076 (1982) passed away on 11th January, 2019.

Rachel was a member of Pharmaceutical Society of Tanzania (PST) and Tanzania Women in Pharmacy Profession Association (TAWOPHA).

We are among many pharmacists who have reasons to be grateful to Rachel for her valuable contribution to the profession. May God Continue to Rest Her Soul in Peace.

CROSSWORD PUZZLE NO. 01

M	E	D	A	H	R	A	H	P	A	R	O	I	X	O	T	C	A	P	H	A	M
O	W	Y	E	Q	T	O	X	I	C	O	L	O	G	Y	O	R	Y	H	Y	C	C
N	K	X	E	Z	E	D	Y	N	A	D	U	R	A	P	A	L	L	A	Q	U	C
T	W	Y	R	A	R	S	Y	N	E	A	D	D	I	D	D	F	I	R	S	T	P
R	P	V	T	Q	A	D	E	M	E	D	I	C	I	N	E	E	A	M	Y	E	A
A	H	A	L	F	L	I	F	E	D	T	A	N	T	A	G	O	Y	A	I	N	D
I	A	B	I	W	T	R	N	T	O	E	D	P	H	A	R	M	A	C	I	S	T
N	R	T	U	S	O	I	P	A	S	R	V	H	P	C	V	I	T	O	S	R	X
D	M	D	Y	X	M	T	O	B	C	A	E	A	A	T	A	D	V	T	O	L	E
I	A	H	Y	A	D	R	U	O	B	U	R	M	R	F	V	A	L	H	E	F	F
C	C	L	P	E	M	A	I	L	I	I	T	R	E	I	B	I	O	E	Q	O	I
A	O	O	O	O	T	H	E	I	D	D	I	E	N	R	P	E	A	R	R	O	U
X	D	Z	A	V	I	L	A	S	E	X	V	C	T	S	E	F	E	A	N	T	A
I	Y	O	P	C	W	W	O	M	U	T	A	G	E	N	I	C	L	P	C	R	O
O	N	Z	S	V	J	H	G	F	D	S	K	P	R	A	N	A	P	E	E	U	U
N	A	X	A	E	K	E	V	I	T	I	D	D	A	J	H	W	O	U	V	A	O
V	M	C	S	F	L	P	A	M	N	B	V	T	L	D	F	H	J	T	L	R	M
D	I	S	T	P	I	B	U	T	I	O	N	Y	X	T	E	T	B	I	A	A	V
B	C	I	T	C	A	L	L	Y	H	P	O	R	P	R	R	P	F	C	F	Z	V
N	S	J	F	T	U	Y	P	H	A	R	M	A	C	O	G	N	O	S	Y	Y	O

Terminologies:

ACUTE, ADDITIVE, DOSE, DOPAMINE, HALFLIFE, MEDICINE, METABOLISM, MUTAGENIC, ORAL, PROPHYLLACTIC, PHARMACIST, PHARMACOTHERAPEUTICS, PARENTERAL, PHARMACODYNAMICS, PHARMACOGNOSY, TOXICOLOGY.

Find the above terminologies in the puzzle, they may be written, from left to right or from right to left, diagonally, from bottom to top or from top to bottom if interested. Submit to the Council before 30th April, 2019 in a scanned copy to pro@pc.go.tz

BARAZA LA FAMASI



WAJIBU WA MFAMASIA NA HAKI ZA MGONJWA/MTEJA KATIKA KUPATIWA HUDUMA ZA DAWA

A. Wajibu wa Mfamasia

1. Kupata taarifa sahihi za mgonjwa/mteja na ugonjwa kabla ya kutoa huduma;
2. Kuhakikisha mgonjwa/mteja anapata dawa stahiki;
3. Kumhudumia mgonjwa/mteja na kumpatia taarifa sahihi juu ya matumizi ya dawa;
4. Kuhakikisha mgonjwa/mteja ameelewa kuhusu matumizi ya dawa na kutambua madhara yake kama hatofuata ushauri na maelekezo aliyopewa;
5. Kumshauri mgonjwa/mteja kuhusu uwepo wa dawa mbadala;
6. Kumuelezea mgonjwa/mteja maudhi ya dawa kama yapo na jinsi ya kukabiliana nayo;
7. Kuhifadhi na kutunza siri za mgonjwa/mteja;
8. kumpatia mgonjwa/mteja elimu juu ya masuala mbalimbali ya afya ikiwa ni pamoja na njia za kujikinga na mgonjwa;
9. Kupata taarifa za madhara wanayopata wagonjwa? wateja kutokana na matumizi ya dawa fulani na kuwasilisha kwenye mamlaka husika kwa Hatua zaidi;
10. Kutoa ushauri wa rufaa ya kwenda kwenye ngazi ya juu ya matibabu.
11. Kuwasiliana na daktari aliyehudumia mgonjwa/mteja pale inapobidi kwa hatua zaidi;
12. Kutunza kumbukumbu za mgonjwa/mteja kwa rejea za siku za usoni; na
13. Haki ya kuwasiliana na Baraza la Famasi kwa kutumia namba ya simu bila malipo.

B. Wajibu na Haki za Mgonjwa/Mteja.

- 1 Haki ya kuhudumiwa na kupatiwa Dawa kwa mujibu wa miongozo ya Serikali;
2. Haki ya kuhudumiwa na mfamasia au mtaalamu yeyote wa dawa
3. Haki ya kueleweshwa kwa usahihi na ufasaha kuhusu matumizi ya dawa ikiwa ni pamoja na maudhi yake;
4. Haki ya kutunziwa siri za ugonjwa wake;
5. Haki ya kupata maelezo kuhusiana na matumizi na ufafanuzi wowote unaohusu dawa alizopewa;
6. Haki ya kueleweshwa ugonjwa unaomsumbua na namna ya kupata tiba yake;
7. Haki ya kwenda kwenye kituo cha kutolea huduma za afya kwa matibabu zaidi;
8. Wajibu wa kutoa taarifa sahihi wakati wa kupata huduma za dawa;
9. Wajibu wa kutumia dawa kwa usahihi kama alivyoelekezwa na mtaalamu;
10. Wajibu wa kuuliza na kupata taarifa sahihi kusiana na matumizi na ufafanuzi wowote kuhusu dawa;
11. Wajibu wa kutoa taarifa pale unapopata madhara kutokana na kutumia dawa fulani;
12. Wajibu wa kutoa taarifa pale ambapo hujapata huduma sahihi;
13. Kutunza dawa vizuri ili kuwa na ubora unaotakiwa na kuzitunza mbali na watoto ; na
14. Haki ya kuwasiliana na Baraza la Famasi kwa kutumia namba ya simu bila malipo.

Msajili

Baraza la Famasi

EPI, Mabibo-External, Mkabala na Barabara ya Mandela
S.L.P. 31818 Dar es Salaam / Simu: +255 22 2451007

Barua pepe: info@pc.go.tz / Tovuti: www.pc.go.tz

Namba ya simu ya Bila Malipo : 0800 110 015